



Advancing community health worldwide.

NCD INTEREST GROUP: WEBINAR SERIES

Session 3
September 9, 2020

AGENDA

- Welcome
- Background: Webinar Series
- Feature Discussion
- Wrap-Up



ABOUT CORE

CORE Group convenes global community health professionals to **share knowledge, evidence, and best practices**, and then translates these into the real world with a **direct impact**.



ABOUT THE NCD INTEREST GROUP

CORE Group's NCD Interest Group works to convene those working to treat and prevent NCDs at the community level, to share resources, events, and vital information to improve their work.

Chair: Dr. Arti Varanasi, Advancing Synergy  ADVANCING SYNERGY

Staff Representative: Shelby Brown, CORE Group 

WEBINAR SERIES

Integration of Noncommunicable Diseases into Global Health Programs: A Roadmap to Achieving the Sustainable Development Goals in 2030

- NCDs responsible for 41 million deaths per year globally; 85% in LMICs
- Understand progress since first UN HLM in 2011
- Identify sustainable opportunities and solutions for integrating NCD priorities into global health programs



SESSION 3



Session 3: Youth Leaders Taking Action: Developing an NCDs-Focused Accountability Framework

September 9 | 9:00AM - 10:30AM EDT | Online

Hosted by the CORE Group NCD Interest Group

Session Lead: Dr. Mychelle Farmer, Chief Medical Officer, Advancing Synergy and Past Chair, NCD Child



SESSION 3

Youth Call to Action: What are Your Priorities During the Global Week of Action?

Mychelle Farmer, MD
Chief Medical Officer, Advancing Synergy
Discussion Moderator



Format for Today's Webinar

- Open format for young leaders to present their priorities during the Global Week of Action on NCDs
- #ActonNCDs- social media campaigns matter!
- Today's discussions will be led by our young facilitators
- Key topics developed through interactive sessions, December 2019-May 2020
- These sessions were shaped by and for young leaders

Interactive Sessions: Key Topics

- Noncommunicable Diseases (NCDs)
- Mental health
- Environmental health, climate action
- Nutrition, obesity prevention
- Sexual and reproductive health, maternal health
- Violence, Gender-based violence, violence prevention
- Substance abuse

SESSION 3

Webinar Moderators

Christophe Ngendahayo, MD, WHO Civil Society Working Group on NCDs, Rwanda
Mychelle Farmer, MD, Past-Chair, NCD Child and Chief Medical Officer, Advancing Synergy

Webinar Facilitators

Ferdinant Sonyuy, Cameroon NCD Alliance, Cameroon
Damian Juma, Lancet Commission's Young Leaders for Global Mental Health, Kenya
Anjali Singla, Mental Health Advisor MGMH, India
Laura Mwangi, Student Advocate, Moi University, Kenya
Christophe Ngendahayo, MD, WHO Civil Society Working Group on NCDs, Rwanda



SESSION 3

Developing an Accountability Framework for NCDs

Ferdinant Sonyuy
Cameroon NCD Alliance
Cameroon

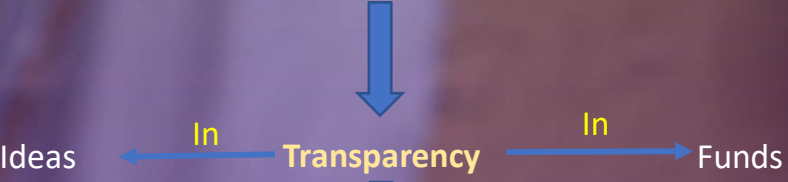


Accountability Framework for Action on NCDs

By: Ferdinand M. Sonyuy

President, Reconciliation and Development Association - RADA

Framework for Accountability



Timely inclusion

- Involvement of PLWNCDs
- **Involvement of Adolescents & Youths**
- Involvement of Civil Society

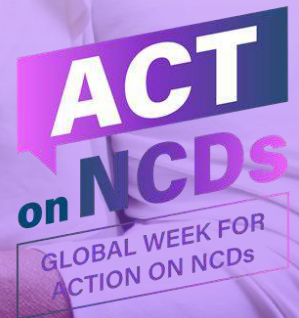
RESPONSIBILITY

- Government (WoG)- Agenda, Plans and Best Buys
- Civil Society (4As)
- **Adolescents & Youths (Prevention and advocacy)**
- Persons Living with NCDs (Care and Advocacy)

Action (#Act on NCDs)

- ✓ Reporting (PMERL)
- ✓ Funding to strengthen health system / meet needs
- ✓ **National Growth and Development (SDGs 3)**

Leaders to Commit to their Responsibility in SAVING LIVES.



ActOnNCDs

THANK You.

By: Ferdinand M. Sonyuy

@ferdinantmbiy



SESSION 3

Youth Leaders for Global Mental Health

Damian Juma

Lancet Commission's Young Leaders for Global Mental Health, Kenya

Anjali Singla

Mental Health Advisor MGMH, India



- “To World Leaders, Investing in our mental wellness will not only build our economies but also build happier societies.
- World leaders have the keys
- Please leave us a spare and we unlock the doors of our potential.
- What would you rather wish for, a happy society and flourishing economy or a crippled economy and a 'lost' generation?"

Investments in Mental Health

We Need More Than Just Helplines

- 381 reported deaths by suicide DAILY
- Nearly 10000 died by suicide due to fear of exam 'failure'
- Mental Health Care Act, 2017 clearly states that each State Government should have suicide prevention plans and programs
- Need for accountability and transparency in terms of mental health policies
- Annually, only 0.5% of budget is allocated to health, mental health gets a much lesser share within this – need for increased budgets
- Collaborative action with other ministries in funding trials for basic income, housing for all; to better study the impact on mental health and suicidality
- Appeal to the Ministry of Health, India suicide prevention is NOT just helplines, it is low cost, efficient, early interventions that include basic resources for all

SESSION 3

Integration of Mental Health and Wellness in Education and Schools

Laura Mwangi
Student Advocate
Moi University, Kenya



I call upon the cabinet secretary of Education George Magoha to support the initiation of a mental wellness curriculum in all levels of education that will help in preventing mental illnesses and promote positive mental health.

Instead of waiting for young people to come to you in distress you need to meet us and have teachable and meaningful conversations that affect our every day lives.

SESSION 3

Young Leaders Advocating for Planetary Health and Climate Action

Christophe Ngendahayo, MD,
WHO Civil Society Working Group on NCDs
Rwanda



Dr. Christophe: Youth Leadership in Planetary Health, Environment

- Trainer with WONCA Air Health train the trainer program:
 - Trained healthcare professionals in 26 of 42 hospitals of Rwanda on Air pollution and Patient's Health
 - Community awareness on health effects of air pollution
 - Youth consultations on Air pollution and NCDs
- Appeal to youth leadership in planetary health, (www.airhealthnow.org)
- Published Commentary in The Lancet Planetary health, Aug, 2020
- Grant winner for a research on Particulate matter (P.M2.5) and occurrence of asthma in Kigali

Call to Action

Air pollution which kills an estimated 7 million people (1 in 8 deaths) worldwide every year, continue to get worse than we expected. On the 1st world International of clean air for blue skies, I call on Rwanda's healthcare professionals to prioritize and through patient education and research, address air pollution as one of the key triggers of increased emergency department visits, hospital admissions and sudden out-of-hospital cardiac arrests for people living with NCDs. I call on youth across the world, to meaningfully engage in advocacy for policy change that reduces greenhouse gas emissions in cities for the of NCDs prevention and control.

Youth Leadership in Planetary Health, Environment

- WONCA Initiative - World Organization of Family Doctors
- Commentary on planetary health, Lancet - 2020
- Appeal to youth participation in planetary health
- **“I call on Rwanda’s healthcare professionals to advocate for policy change that reduces air pollution contributing to NCDs.”**
- An important opportunity for young health professionals
- Air pollution as a factor adversely affecting maternal health, PLWNCDs

Youth Leadership in Planetary Health, Environment

Dr. Christophe

- Trainer with WONCA Air Health train the trainer program –
 - ❑ Trained healthcare professionals in 26 of 42 hospitals of Rwanda on Air pollution and Patient's Health
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- Grant winner for a research on Particulate matter (P.M2.5) and occurrence of asthma in Kigali
- **Call to action:** Air pollution which kills an estimated 7 million people (1 in 8 deaths) worldwide every year, continue to get worse than we expected. On the 1st world International of clean air for blue skies, I call on Rwanda's healthcare professionals to prioritize and through patient education and research, address air pollution as one of the key triggers of increased emergency department visits, hospital admissions and sudden out-of-hospital cardiac arrests for people living with NCDs. I call on youth across the world, to meaningfully engage in advocacy for policy change that reduces greenhouse gas emissions in cities for the of NCDs prevention and control.

SESSION 3

Young Leaders Advocating for Nutrition and Obesity Prevention

Christophe Ngendahayo, MD
WHO Civil Society Working Group on NCDs
Rwanda



SESSION 3

Advocating for Change: NCDs and Sexual, Reproductive, and Maternal Health

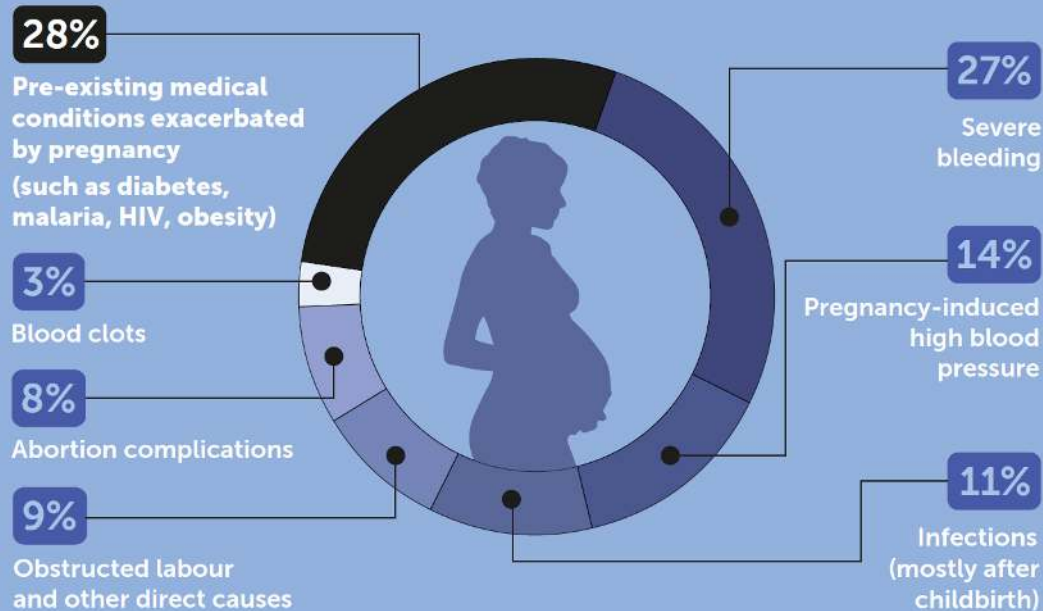
Mychelle Farmer, MD
Chief Medical Officer, Advancing Synergy
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NCDs and Maternal Health

SAVING MOTHERS' LIVES

WHAT ARE PREGNANT WOMEN DYING FROM?



© World Health Organization 2014

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Youth Call to Action: What are Your Priorities During the Global Week of Action?

Mychelle Farmer, MD
Chief Medical Officer, Advancing Synergy
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Advancing community health worldwide.

THANK YOU

Complete survey: https://bit.ly/NCD_Session3

Please join us on October 21 for Session 4:
Mental Health in a Time of Crisis

Interested? Email NCD Interest Group Chair,
Arti Varanasi (avaranasi@advancingsynergy.com)