

**Experience from
Feed the Future
Nigeria
Livelihoods
Project**



CRS faith.
CATHOLIC RELIEF SERVICES action.
results.

**ADOLESCENT
NUTRITION**



Shere Safe Space Girls

Basic Life Skills

+

Adolescent Nutrition

+

Business Education

PROJECT SUMMARY

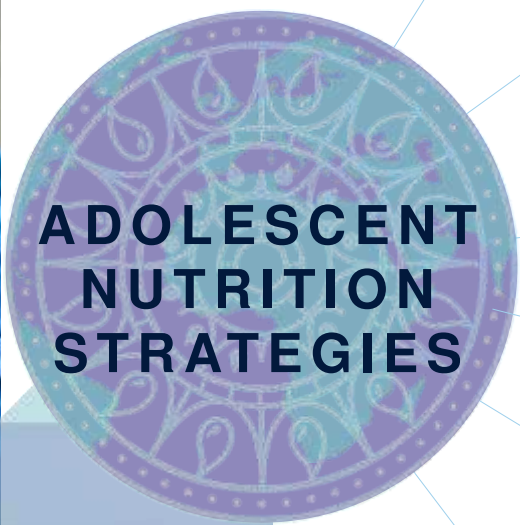
USAID-Funded, \$22.6m

*Agriculture, Income Generation, Nutrition
& WASH, and social safety nets*

*5 years (2013 – 2018), 42,000 (+10,000)
vulnerable households targeted*

*6 states in Nigeria: Sokoto, Kebbi, Borno, Yobe,
Adamawa, and the Federal Capital Territory*





**ADOLESCENT
NUTRITION
STRATEGIES**

Adolescent **SAFE SPACES**

Non-formal **LEARNING CENTERS**

School-based **LIVELIHOODS CLUBS**

Male **SOCIAL FORUMS**

Volunteer **HOME VISITS**

Caregiver **GROUP SESSIONS**

OUTCOMES



12,000 counselled on *nutrition key messages* across 477 safe spaces with subsequent improved knowledge and practice

2,300 livelihoods club members supported to establish *school gardens* across 42 schools

Adolescents have *improved knowledge and best practices* on nutrition and hygiene (safe water storage 6% to 31%)

4.3 ⇒ **5.6** Improvement in Household Dietary Diversity Score

3.8 ⇒ **5.0** Improvement in Women Dietary Diversity Score





APPLYING LESSONS TO THE HUMANITARIAN CONTEXT

- ❑ *Rise of the HA-DA Nexus*
- ❑ *Safe spaces as a protection platform*
- ❑ *Introducing livelihoods clubs to emergency education programs*
- ❑ *Male social forums for social cohesion and adolescent nutrition*
- ❑ *Micronutrient considerations – Iron Folate*
- ❑ *Coordination between HA and DA actors*