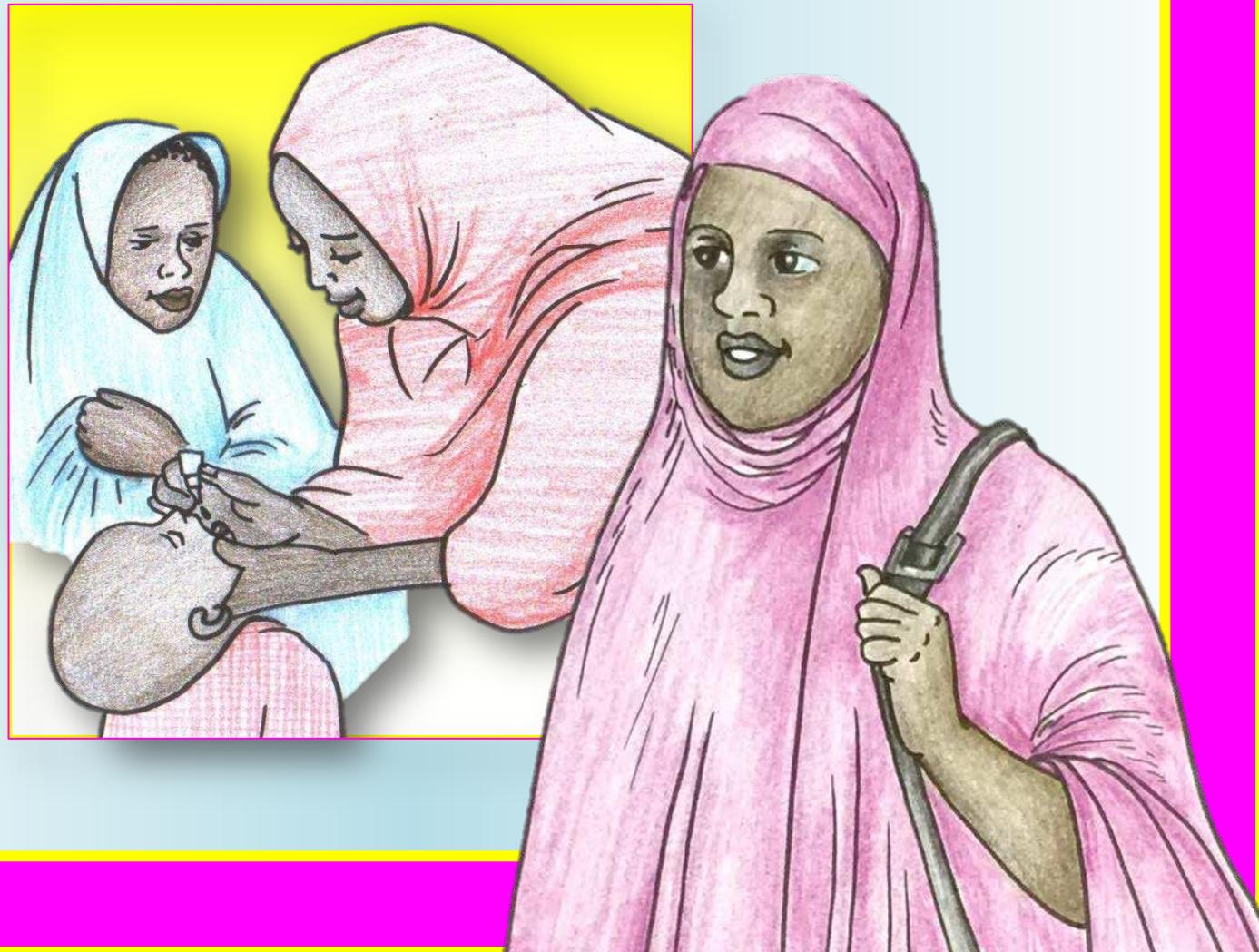


# Al-Ummata





**An yi Wannan Litaffin ne  
musamman don VCM**

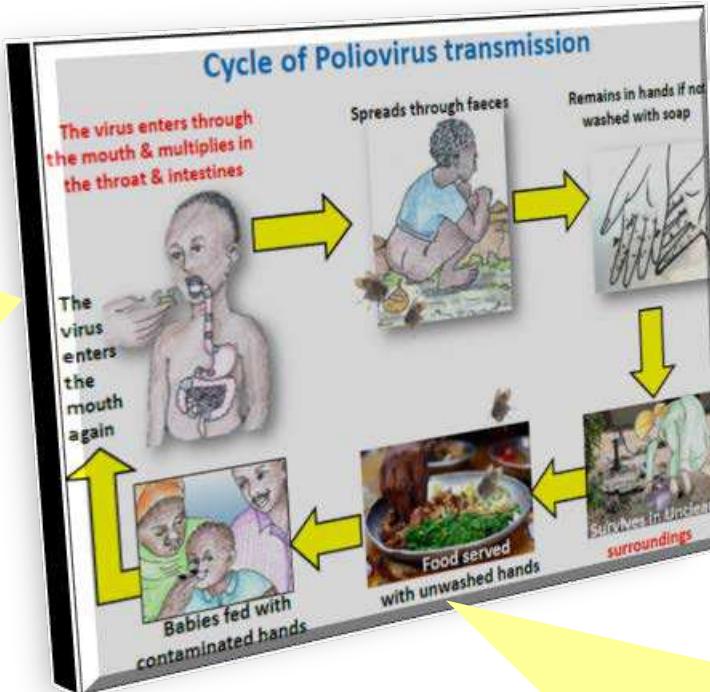
# A yi tambayoyi hudu yayin amfani da litaffin

1. Me ke faruwa a wannan hoton?

4. Menene ya haddasa haka?

2. Menene dalilin faruwar haka?

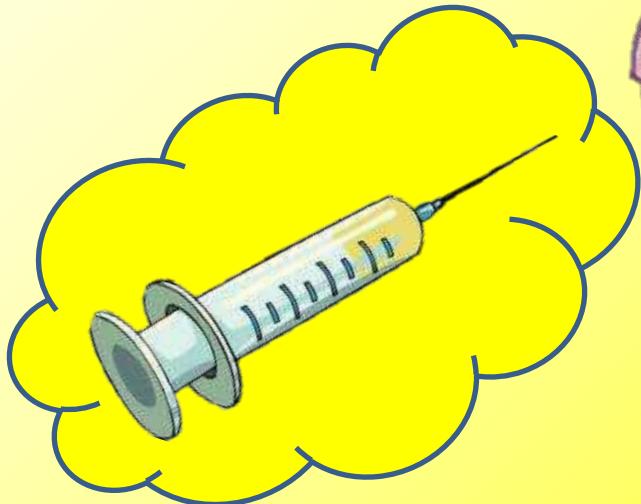
3. Me ya kamata a yi a wannan yanayin?





Dan tayi na da  
kariya a cikin Uwa

# A samu Allurar TT da abinci mai gina jiki



# Jariran da aka haifa na da saurin kamuwa da cututtuka

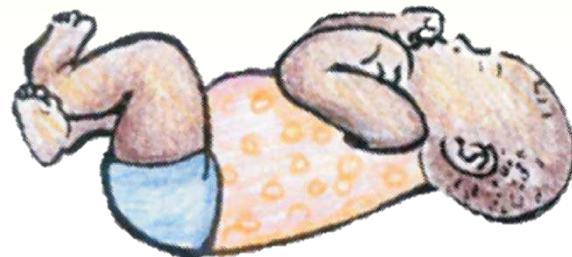
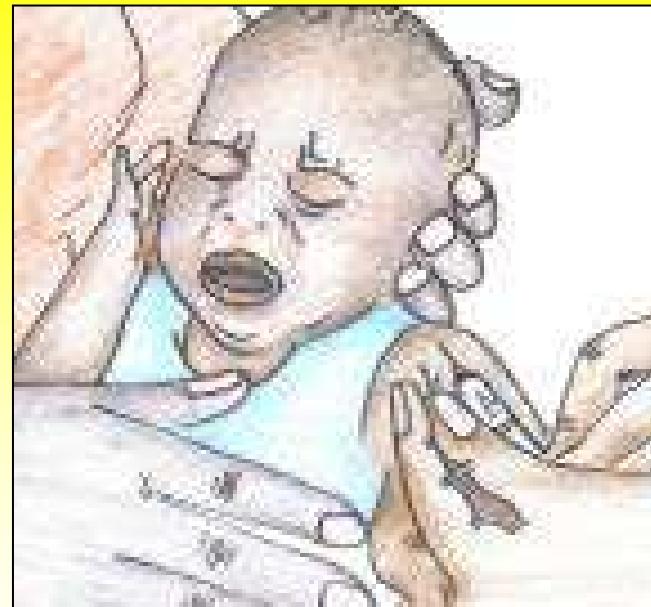


**Abaiwa jarirai digo biyu ta maganin rigakafin foliyo da kuma allurrar rigakafin ciwon shawara da zaran a haifasu**



1. A baiwa yaro nonon uwa da zarar an haife shi.
2. A ba da zallar nonon uwa har wata shida

# A yiwa jarirai Rigakafin cutar tarin fuka



Allurar BCG na ba da kariya daga Cutar Tarin Fuka

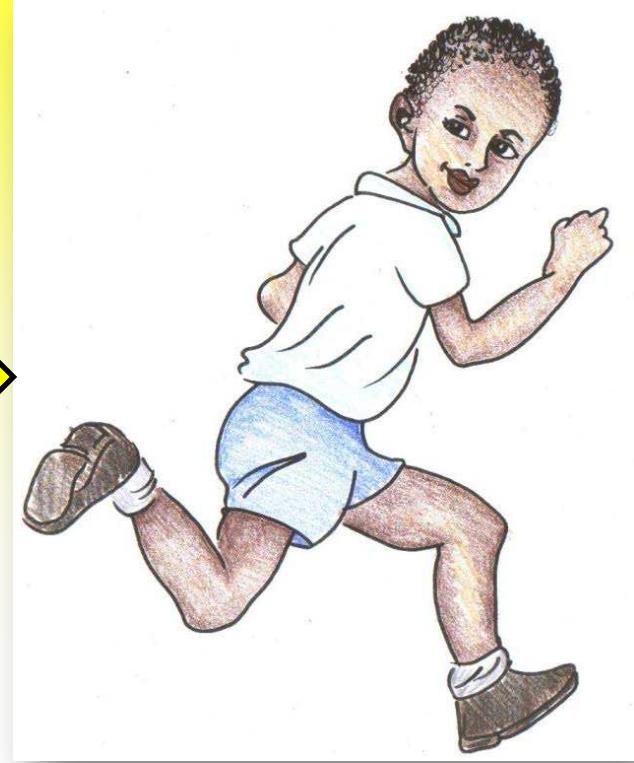
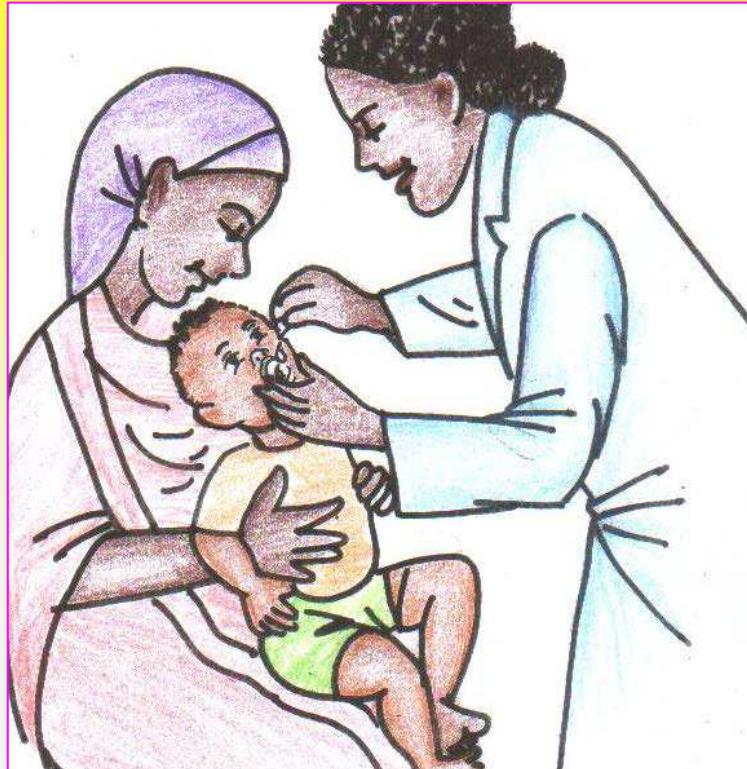
Ayi wa Jarirai alluran rigakafin Pentavalent a wata daya da  
rabi, Biyu da rabi da kuma uku da rabi na Haihuwa



Makarau

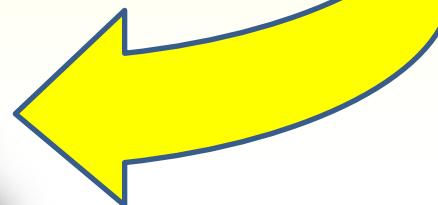
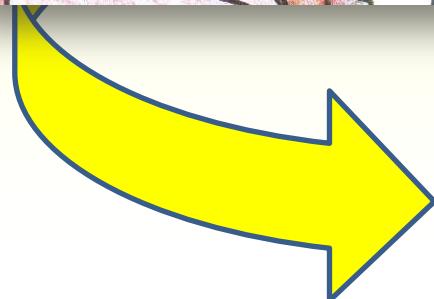
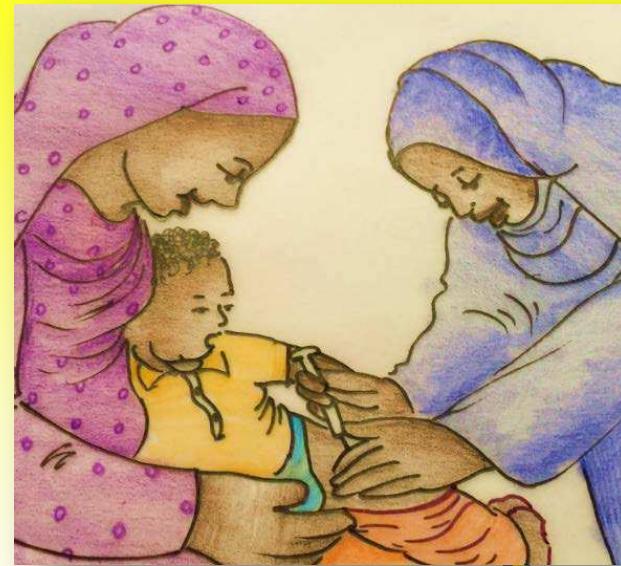
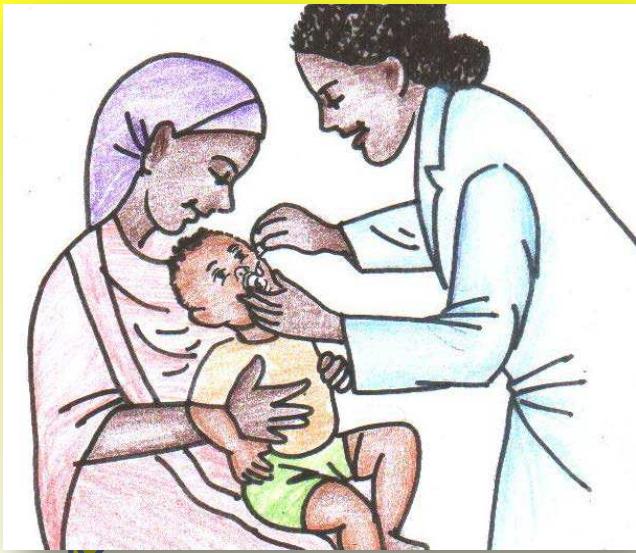
Cutar tunku-tunku Tsinkau tsinkau Ciwon mura mai zafi Ciwon shawara

**Ayi Rigakafin foliyo a wata daya da rabi,  
biyu da rabi da uku da rabi na haihuwawa**



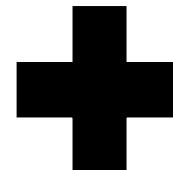
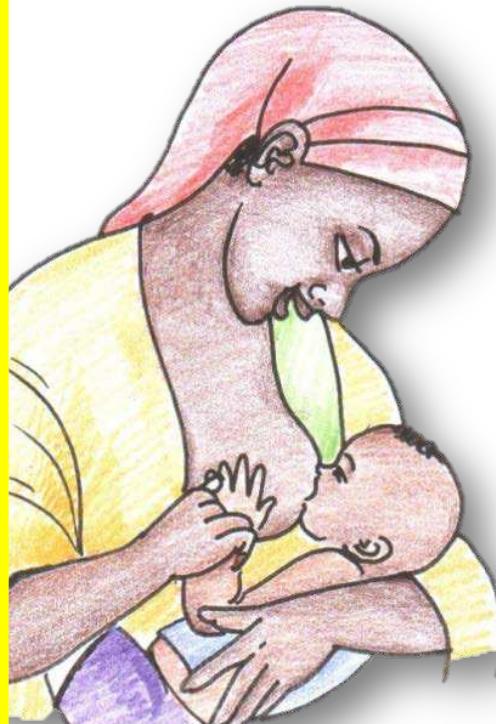
**Rigakafin Foliyo na kariya daga Shan Inna**

# A bada Allurar Foliyo da Digon Baki yayin Wata Uku da Rabi na haifuwa



**Cikakken Kariya daga Shan Inna**

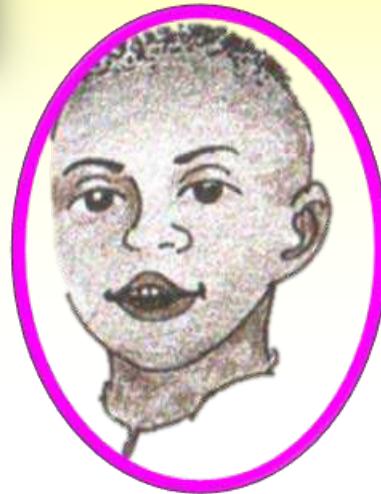
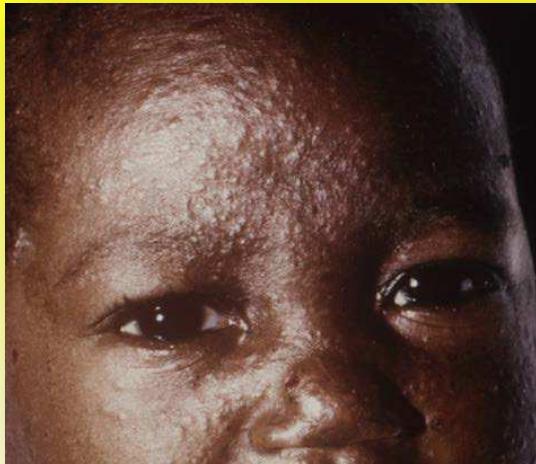
**Da zaran yara sun cika wata shida na haihuwa sai a  
fara basu abincin a kuma ci gaba da shayar**



**Abinci mai kyau tare da Nonon uwa yana  
samar da ingantattacen sunadaren da jiki yake**

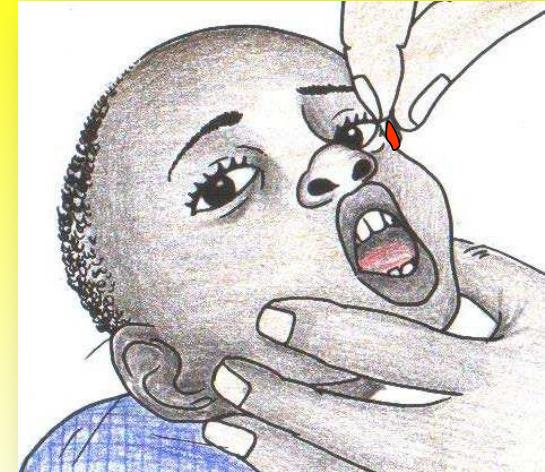


# A yi wa yara Rigakafin Kyanda da shawara a wata tara da Haifuwa

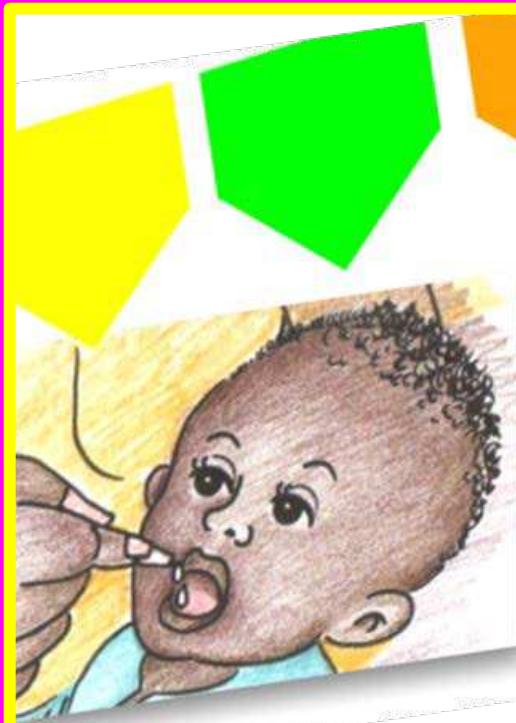


**Rigakafin kyanda na bada kariya cutar kyanda**

# A Wata Tara a bada Sinadarin Bitamin A da kuma bayan duk Wata Shida har zuwa Shekara Biyar



**Sinadarin Bitamin A na kariya daga dundumi**

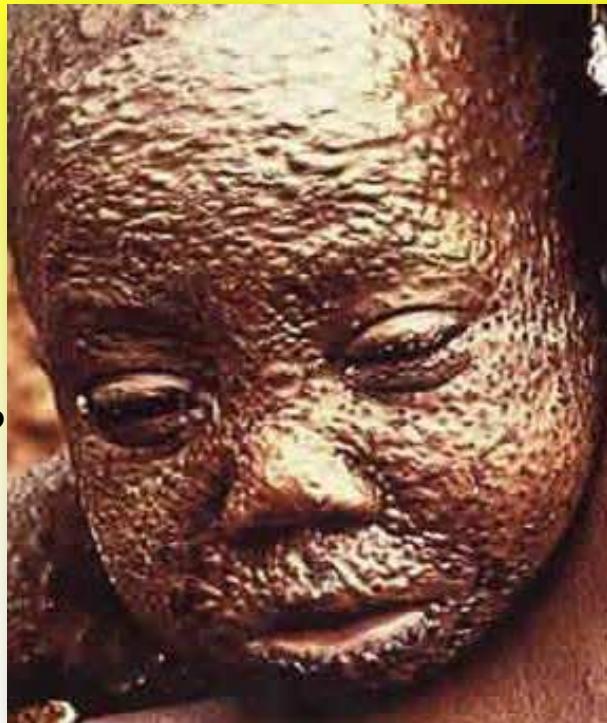


Any where you go  
vaccinate against polio



# Gangamin Rigakafin Shan Inna

# **Yaki da Cututtuka**



P

**An kawar da  
Agana tun 1975**



**An kusa kawar da  
Cutar Shan Inna**

# **Akwai Rigakafin kawar da Cutar Shan Inna daga Duniya**



**&**



**Digon Baki Don Kariya  
Daga Cutar Shan Inna**

**Allurar Rigakafin  
Cutar Shan Inna**

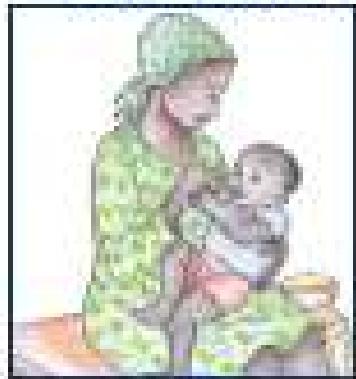
# Har yanzu kwayoyin cutar shan inna tana yaduwa a Nigeria



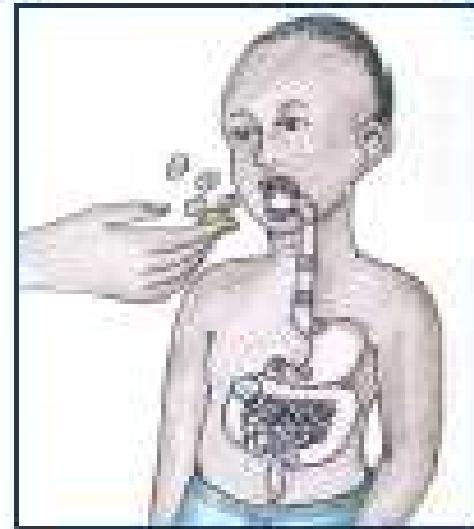
In har ba a wanke  
hannuba bayan fitowa daga bayan



Da Dablikun na  
rashin Isafita



Idan ba a wanke  
hannuba kafin Girki  
ko din abinci



Kwasyar cutar suna shiga ta baki su  
yadu a makogaoro da hanji

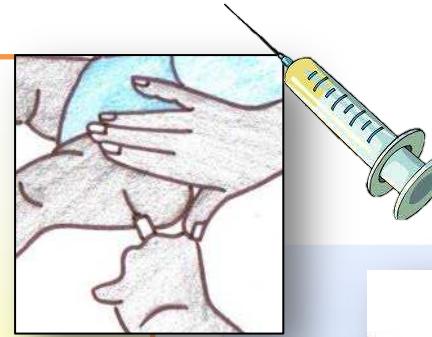
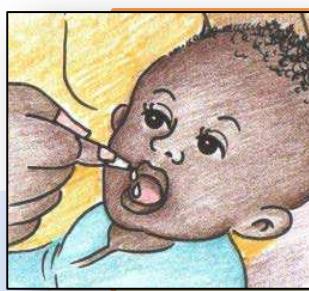


Kwasyar cutar polio tana  
yadu wata hanjar yin  
Bayangari a koine

# Zamu iya dakatar da yaduwari kwayoyin cutar shan inna



A wanke hannu da sab ulu  
idan anyi bayangida



Cikakkiyar Kariya  
Digo Biyu da Allurar  
Cutar Shan Inna

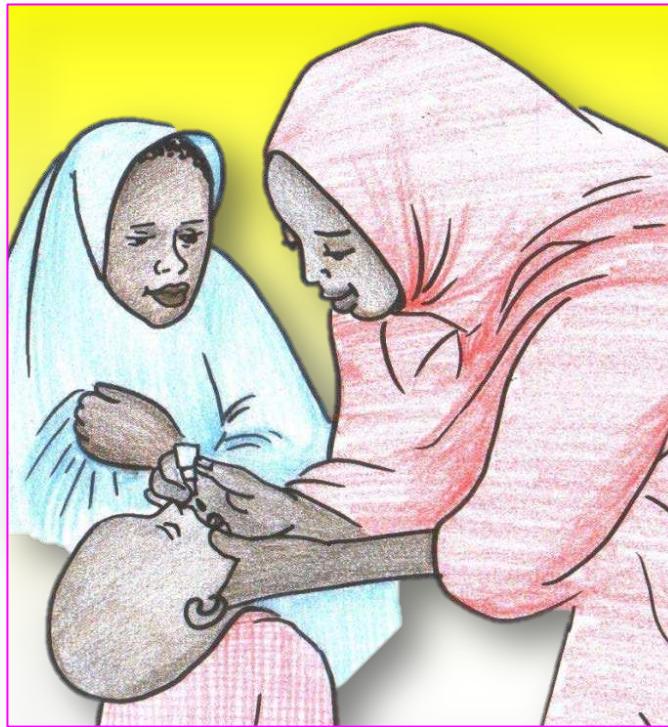


A wanke hannu da sabulu kafin  
dafa abinci da ba yara Abinci



# A yiwa Yara Rigakafin Cutar Shan

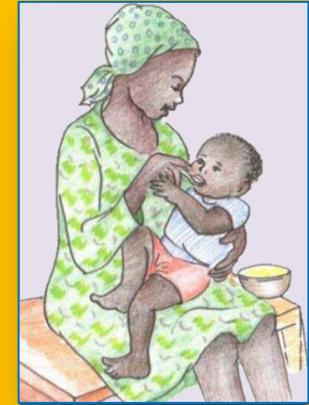
## Inna yayin Gangami





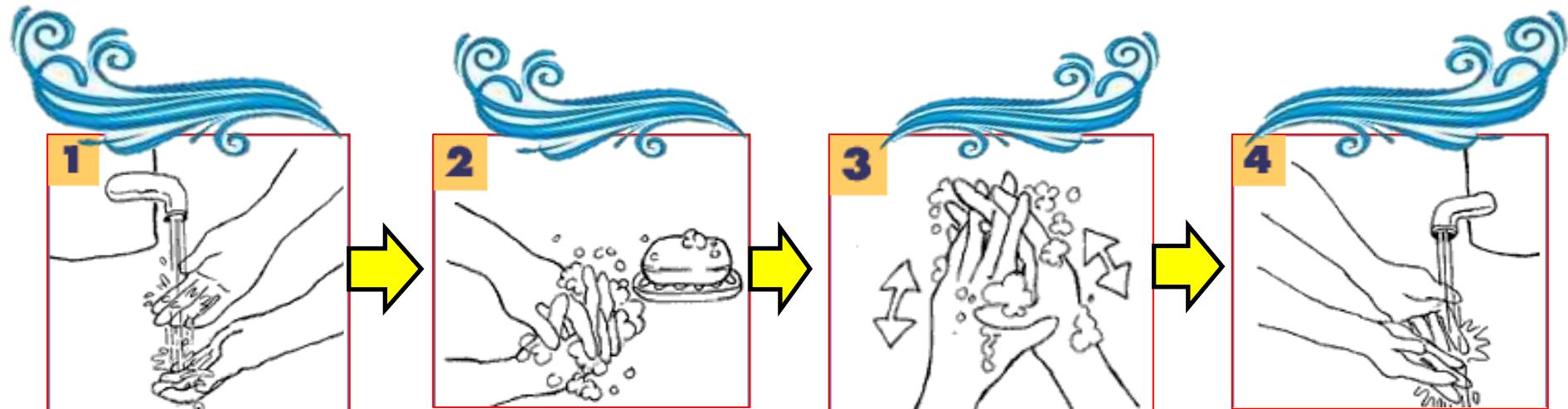
Kula da mai Zawayi

# Wanke Hannu da Sabulu na kariya daga Zawayi da Sauran Cututtuka



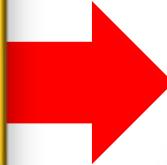
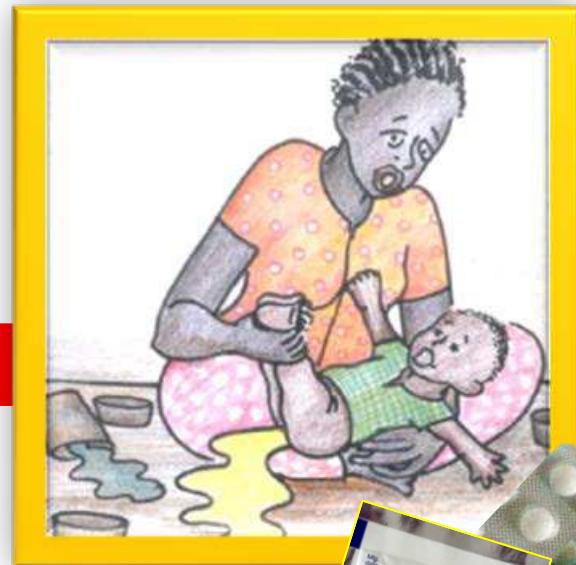
Bayan Tsuguno

Kafin Dafa Abinci ko Ciyanwa



# Idan an kamu da Zawayi a bada Ruwan

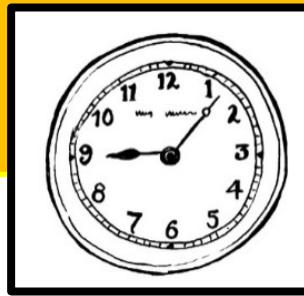
## Gishiri Da Suga da Sinadarin Zink nan take



A bada Ruwan Gishiri da Suga a kuma cigaba da Shayarwa

# Duk sanda aka yi Zawayi a bayar da Ruwan Gishiri da Suga

## Hanyar hada Ruwan Gishiri da Suga



Ayi amfani da shi cikin  
awa Ashirin da Hudu

Bayan awa Ashirin da  
Hudu a zubar da ragowar

A cigaba da Shayarwa

A bada sabon Abinci da  
Ruwan Gishiri da Suga

## Sinadarin Gishiri da Suga na musanya ruwan dake jiki

# A bada Sinadarin Zink da Ruwan Gishiri da Suga har Sati Biyu



A bada  
Sinadarin  
Zink da  
Ruwan  
Gishiri da  
Suga

Yaron Wata  
2 zuwa 6



Rabin Cokali  
na Sirof

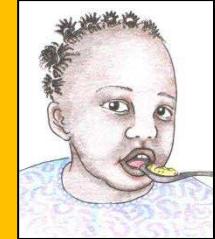


Ko



Rabin Kwayar hade  
da ruwan Nono

Wata Shida zuwa  
Shekara Biyar



Ko



Cokali Daya  
na Sirof



Kwaya Daya hade  
da Ruwan Nono

Kwayar Zink tare da Sinadarin Gishiri da Suga na  
maganta Cutar Zawayi har Wata Uku

# Immunize for life

