

FOCUSING ON ADOLESCENT HEALTH: THE FUTURE IS NOW!

A REVIEW OF WORLD CONGRESS ON ADOLESCENT HEALTH,
ADOLESCENT LEADERSHIP AT GLOBAL NCD FORUM

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Webinar Sponsor:



Objectives

Identify at least two opportunities to invest in adolescent health, as identified at the IAAH meeting.

Describe at least two “hidden populations” among adolescents.

Define the concept of the “triple dividend” in adolescent health.

Outline critical pathways to strengthen youth leadership in adolescent health.

11th World Congress on Adolescent Health

Organized by the International Association for Adolescent Health

Co-sponsors MAMTA Health Institute for Mother and Child

India's Ministry of Health

New Delhi, India



What's New in Adolescent Health?

There is growing consensus about the need to invest in adolescent health.

Transitions from the MDGs (Millennium Development Goals) to the SDGs (Sustainable Development Goals) presents a new opportunity to focus on adolescents and youth.

Broader perspectives now include consideration of comprehensive adolescent health policies, at global and national levels

Changing concept of adolescent health to include youth through 24 yo

Youth Bulge, Demographic Dividend, and Considerations for SDGs

Today, 1.8 Billion young people worldwide

Improved health outcomes for youth are linked to multiple SDGs-

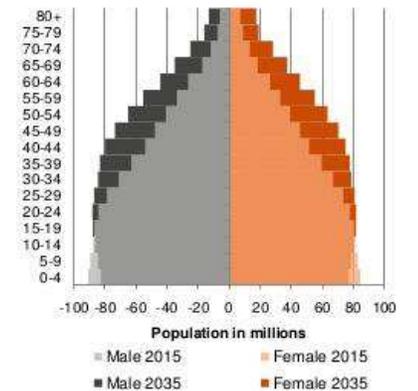
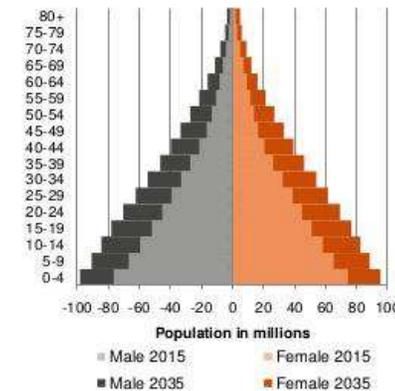
- Economic- SDG 1, 8, 10
- Environment- 7,11,13
- Education/equity- 4, 5

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The Opportunity and Challenge: Africa's Youth

SSA Population 2015, 2035

South Asia Population 2015, 2035



Source: United Nations, Department of Economic and Social Affairs, Population Division (2011). World Population Prospects: The 2010 Revision. <http://esa.un.org/wpp/Excel-Data/population.htm>

Demographic Dividend

The demographic dividend promotes accelerated economic growth

Rapid decline in a country's fertility, changes in population structure.

Working-age population increases in relation to children <2 yo

Opportunity for rapid economic growth if the right social and economic investments and policies are made in health, education, governance, and the economy.

Investments in today's youth population can position a country to achieve a demographic dividend.



“Triple Dividend” in adolescence

Investments in adolescent health now can improve the likelihood of establishing healthy adults in the future.

Adults with good health will lay a foundation for future generations of healthy children and adolescents.



Investments in Adolescent Health

Educational achievements improves health outcomes

Improved road safety is critical for the reduction in adolescent mortality

Mental health and NCDs have been overlooked among adolescents, and prevention can reduce morbidity and mortality



Hidden Populations of Adolescents

Adolescent migration and urbanization

Adolescents in the workplace

Adolescents living with HIV, during transition to adult-focused care

Adolescents with NCDs

Adolescents living with disabilities



Youth Leadership at IAAH

Young health professionals were actively engaged at IAAH World Congress

Youth-led poster sessions and breakout sessions

Youth participation in plenary panels throughout the meeting



Youth Leadership at Global NCD Forum

Youth organized under leadership of NCD Child at the request of NCD Alliance

Input provided by IFMSA, YP-CDN, NCD Free, Commonwealth Youth Network for recruitment, program coordination,

Charged to develop and execute the Forum's youth engagement efforts spanning before, during, and after the Forum



Youth Call to Action

Call to Action reflects a time-bound agenda for the new generation of NCDs advocates

Prioritizes equity in access to care, supports NCDs prevention

Action agenda includes expanded communication to youth

Create and disseminate evidence-based policy resources

Advocate NCDs agenda at highest levels

Target NCDs financing for youth

Let Youth Lead

Support youth leadership at all phases of program development

Identify critical areas where youth have unique skills, eg social media, communication

Encourage youth leadership for program evaluation

“Nothing about us without us.”



SUMMARY

IAAH is strengthening youth leadership for engagement at all levels of adolescent health

New support for LMICs

Assessing needs for sustained support of the adolescent health agenda

NCDs are recognized as major health problems for youth

Future funding required for comprehensive adolescent health care